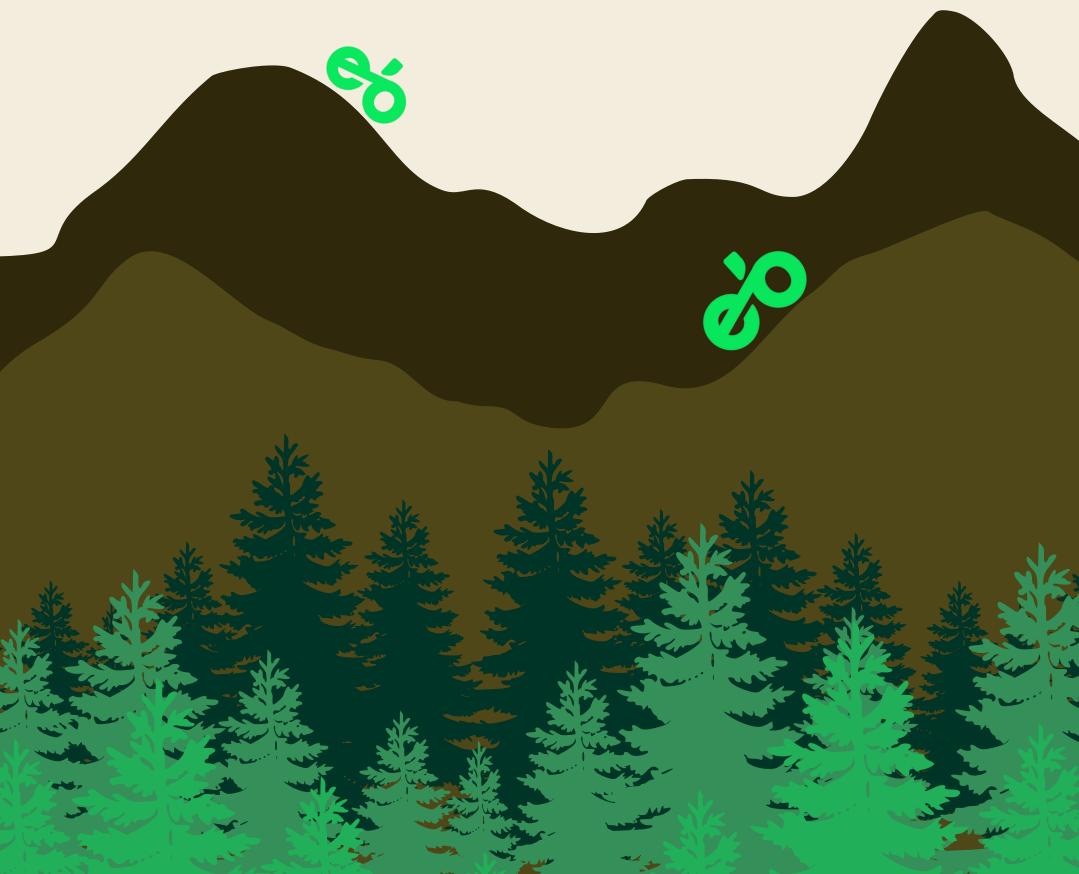


Discover Boquete with us!





Choose Your **Adventure**



1. Our Tours

2. Hikes and Outdoor **Adventures**

3. <u>Coffee Culture</u>

4. <u>Top Restaurants</u>

5. Sweet Treat



<u>Keep Exploring</u> 6.



Our Tours



Explore Boquete with us! We offer carefully predesigned routes that take you through the most scenic and adventurous spots in Boquete.

Rental Hours	Prices
2	\$30
4	\$40
1 day	\$50
2 days	\$80
3 days	\$105

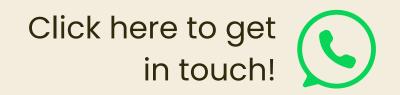
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All you have to do is download the Komoot app to access them and

explore breathtaking views, stunning waterfalls, nature trails, and local attractions.





Our Tours

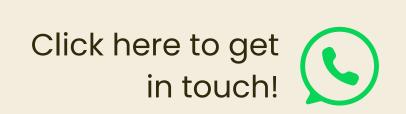
Guided Tour	Explore Boquete	•
Price per pax	Price per 2+ pax	
\$80 per person	\$65 per person	

Suitable for all levels. Duration up to 3 hours.

If you are looking to explore the cultural and historical sites of Boquete, our electric bike tour is an excellent opportunity!

Our guides will take you to the most emblematic places, such as the lookout point, the flower garden, the library park and the handicrafts market.







Our Tours

Guided Tour

Discover Boquete's coffee

Price per pax	Price per 2+ pax
\$105per person	\$75 per person

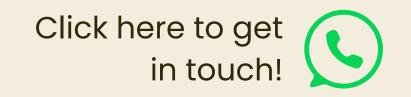
Suitable for all levels. Duration up to 4 hours.

This tour is designed for coffee lovers and those looking for unique experiences. The tour will take you through picturesque mountain trails to a mountain coffee farm. During the tour, you will enjoy breathtaking views and lush landscapes.



At the farm, our guide will take you through the coffee fields, explaining the process of growing, harvesting and producing Boquete coffee.







Hikes and Outdoor Adventures



Source: F&R

Lost Waterfalls

Three stunning waterfalls in the lush rainforest.

Suitable for almost everyone with medium difficulty. Recommended to get into the second waterfall. \$10 entrance fee.

El Pianista Trail

Hike through cloud forests and panoramic views.

No cost and high difficulty. Accompanied by a guide if possible.



Volcán Barú

Iconic hike to the highest peak in Panama.

- You can hike up via Boquete (total 26km round trip) without a guide.
 Recommended to see the sunrise, start the hike around midnight.
- 2.Or you can hike up Volcán (7.5km climb with quite a bit of elevation) which is 100% trail. You must go with a guide to be allowed past the sentry box.



Source: visitcentroamerica

El Tatica

Easy hike takes only 10 to 15 minutes and leads you through beautiful cloud forests. \$5 entrance fee.

La Artillería Hike

Rugged trail offers an adventure for those looking to experience Boquete's more remote landscapes.



Hikes and Outdoor Adventures



La Piedra de la India Vieja

Adventurous and rugged trail rewarded with stunning views. Moderate diffiulty.

Source: JourneyEra

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Sendero Piedra de Lino

Steep, challenging trail, ideal for experienced hikers looking for an adventure. No guide needed but recommendation to have the route downloaded on a phone.

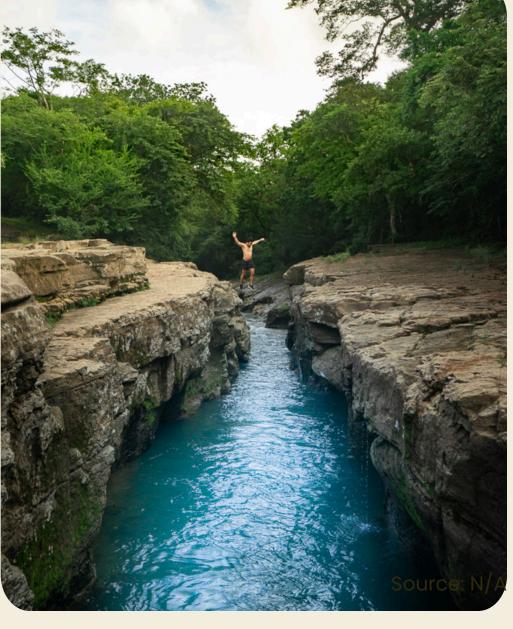






Cangilones de Gualaca

This natural rock formation creates perfect swimming pools along a river.





Hikes and Outdoor Adventures

Pipeline Trail Easy trail of 1.5 hours. It is known for its lush rainforest, small waterfalls, and wildlife sightings. \$5 entrance fee.

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Source: Tripadvisor

San Ramón Waterfall

Beautiful waterfall located near the Bajo Mono area. Great stop if looking for a quick, scenic break from driving or exploring the area.

Source: tourismpanama



Rock Climbing Wall Natural rockclimbing spot, where you can test you skills against an impressive basalt rock wall.

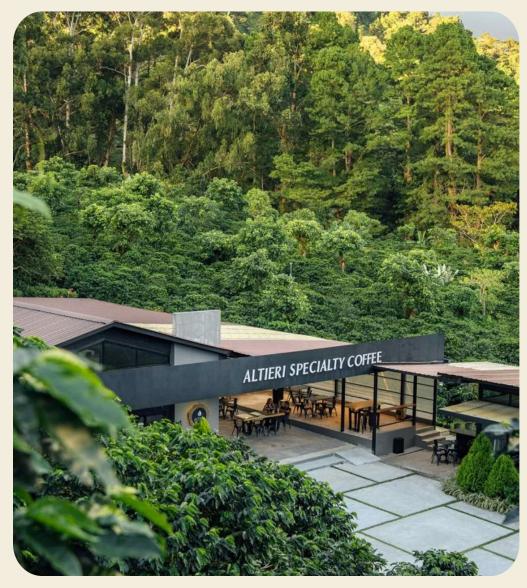


contact @boqueterockclimbingschool

Coffee Culture

Altieri Coffee

A charming coffee shop with fantastic views



Source: revistapanorama

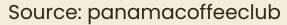
of Boquete's scenic landscapes. It's a perfect spot to relax and enjoy a cup of locally grown coffee while taking in the beauty of the surrounding mountains.

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Finca Lérida

Not only a beautiful hotel, but also a top destination for coffee lovers. Visitors can enjoy the coffee at their café or dive deeper with a coffee tour to learn more about the growing and roasting process at one of Boquete's famous coffee estates.







Coffee Culture

Don Pepe Estate

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For those interested in learning about the full

coffee production process, Don Pepe offers an enjoyable c offee tour. You'll learn all about coffee cultivation and get to sample a variety of their freshly roasted beans.



Selina

Located right by the river, this is a great spot to grab a coffee or breakfast. It's popular with digital nomads and travelers, offering a laidback vibe.



Bucket Tip Coffee

Source: Buckletip

Shop A small, cozy spot known for its excellent coffee. The baristas here are true experts in their craft and love sharing their knowledge with customers.



El Parador

Known for its stunning views, El Parador is a lovely place to stop for a coffee break while enjoying the breathtaking scenery that Boquete has to offer.

Don Nery Coffee Shop

Offers great coffee with a friendly atmosphere. It's a must for whom are looking to enjoy a delicious, expertly brewed cup of Boquete coffee in a welcoming setting.







Source: Don Nery



Source: brewcoffee

Elida Estate

Known for producing some of the world's finest coffee. Offers coffee tours to explore the plantation, learn about the growing process. Their Geisha coffee is especially renowned internationally.



Top Restaurants

Donde Gisselle

Gourmet Panamanian cuisine, blending tradition with elegance.



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Sugar and Spice

Bakery and café offering delicious breakfasts and fresh pastries.

Punto de Encuentro

Traditional Panamanian cuisine with a quality twist, pricier than local fondas.

El Sabroson

A local fonda serving affordable Panamanian meals.





Ngadri Gastronomía anameña Fusion of healthy and traditional Panamanian flavors.



Top Restaurants

La Cueva del Pitufo

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Highly ranked Peruvian restaurant on Degusta.



Il Arte del Figlioccio

Small pizza spot with a wood-fired oven, limited seating but worth the wait.

Retrogusto

Farm-to-table restaurant with a focus on fresh, local ingredients.

T'ach (Panamonte)

Fine dining by renowned Chiricano chef Charlie Collins.



Butcher

A fine dining experience focusing on highquality meats.

Morton's Bakehouse

Known for its excellent bread and baked goods.



Top Restaurants

Bluefin Japanese Cuisine

A great spot for sushi and Japanese dishes, known for its fresh ingredients and modern ambiance.



Valle Escondido

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A restaurant with beautiful views and a vegan-friendly menu option, offering something for everyone in a stunning setting.



Christopher's American Bistro Fine dining with an

American twist.

The Rock

International cuisine in a scenic riverside location with a cozy firepit.





Sweet Treat





Kotowa Chocolate

High-quality Panamanian chocolate made with traditional techniques. Amazing taste of Boquete's cacao heritage.

Saori's Ice Cream Co

A must-visit for ice cream lovers, known for its homemade flavors. Their Key Lime ice cream is delicious.

Fresas Mary: Famous for its fresh strawberries served with cream, perfect sweet treat made from



local produce.

Gelateria La Ghiotta

Offers authentic Italian-style gelato made with high-quality ingredients. It's the go-to spot for those seeking a taste of traditional gelato in Boquete.



Keep Exploring

La Granjerita Tour

Get up close with hydroponic farming and indulge in fresh strawberries right from the farm. Ideal for kids. \$12.50 to \$22.50 entrance fee.



Source: lagranjerita

El Espacio La Cueva

A multidisciplinary cultural space that offers a variety of experiences, including Boulder House for climbing enthusiasts, a Dance & Movement Studio, and hosting a range of Art Events.

Source: F&R



Boquete Bees and Butterflies This honey farm specializes in highquality honey varieties. The tour offers exploring the farm, visiting coffee

plantations, a butterfly lab, and learning about stingless bees. \$6 to\$45 entrance fee.







Source: casiano08



El Explorador

A whimsical outdoor museum with quirky art installations and scenic walking trails, ideal for a relaxing and creative escape. \$5 entrance fee.

Eco Parque La Cruz

A nature lover's playground with hiking trails, picnic spots, and breathtaking views. Ideal for kids.

\$15 to \$29 entrance fee.

Boquete Library Park

Features a peaceful walkway along the river. It's one of our favorite spots in Boquete, perfect for a relaxing stroll.



Panamonte Bridge

Located near Hotel Ladera, next to the bridge is a hidden stone path along the river, ideal for a quiet walk amidst nature.



Follow us for more adventures!



